What YOU can expect from TRiO SSS tutoring……..

- Individual tutoring is limited to two one-hour sessions per week in up to two general education core subject areas.
- Individual tutoring can help clarify information for you and connect the dots!
- Tutoring is *not* meant to be a last-minute resort for studying, cramming for a test, or finishing homework. Your tutor will not do your homework for you!

How do I sign up for tutoring?

To sign up for tutoring services, students must complete the TRiO SSS Program Application, be accepted into the TRiO program, and then complete a "Participant Schedule" to request tutoring. TRiO SSS provides individual tutoring, drop-in tutoring and group tutoring. Available also are faculty-led study groups in Anatomy & Physiology.

What if tutoring is not enough? You have several options. Speak with your professor about getting some extra help for specific problems. Make sure you're attending all of the classes and labs so that you're not missing information. Even if your science instructor gives you PowerPoint notes, still take notes yourself, take ownership and you will remember/learn more! If there are study group sessions available for the course, PARTICIPATE. Seek additional tutoring from The Learning Center located in the Library, Room L103. Visit your TRiO Advisor to receive tips on study skills, time management, organizational skills.

Sign #1: Your Homework is Epic

Used to spending an hour or two on homework, but this school year you start spending several hours? It's time to find out why. Do you have a big project or is the same homework load taking you twice as long? In subjects like math and science, concepts build on one another. Missing just one concept can have a snowball effect, and you may need some extra help.

Sign #2: Help Me!

Most students need help at least once a week with homework. And you usually get that help from school resources, a friend or an instructor. But if you start needing help—more help than usual—and find your normal go-to people can't help you, you might want to consider getting a tutor.

Sign #3: You Hate Everything

We know the feeling: You hate school. You hate your instructor. You hate the subjects. But if you generally like school (until now), then "I hate this" could be coded for "I don't get this."

Sign #4: Hard Work But No Reward

You've been doing your homework diligently and study for every test, but your grades on homework and quizzes are down. When you're really putting in the effort, but not seeing the grades you usually get, then it's time to pinpoint the problem and get some extra help.

Sign #5: Shut-down Mode

If you just can't seem to concentrate on school, start handing in assignments late, or blow off your homework, it's time to get a tutor. Students who completely shut down and stop trying have gotten so frustrated that they just give up. A little help can get you back on track.